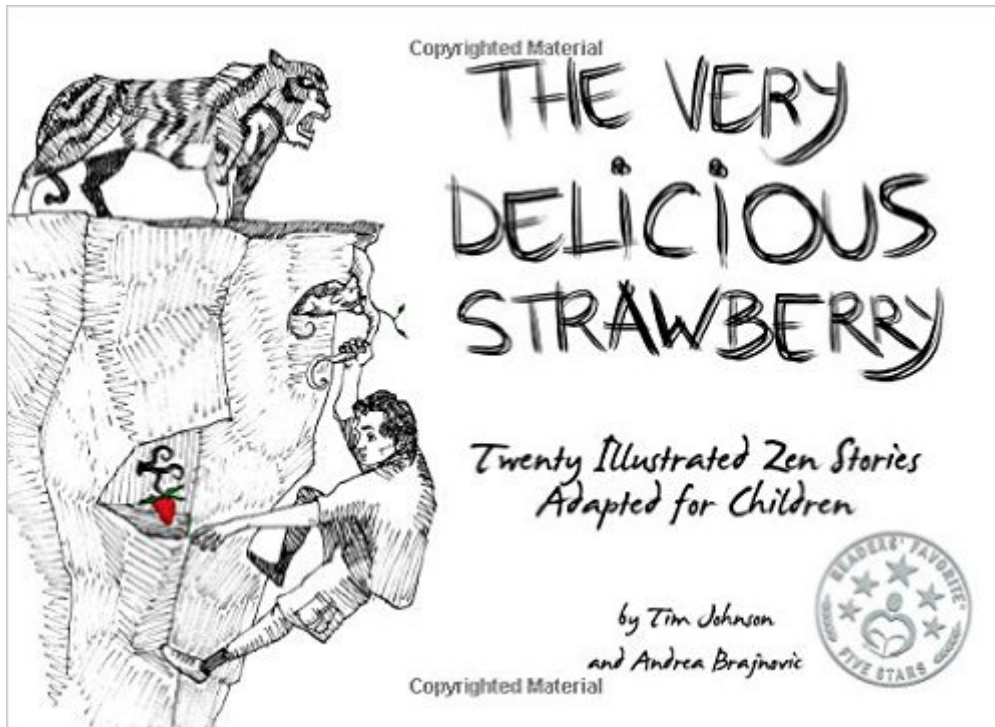


The book was found

The Very Delicious Strawberry: Twenty Illustrated Zen Stories Adapted For Children



Synopsis

Let these traditional Zen Koans (short stories) inspire the whole family to live a healthier more mindful life. Give your child the tools to appreciate more, worry less, build confidence and take inspiration from the ideals of Buddhism that have helped generations of the past do the same. Adapted from Zen Buddhist writings dating back as far as the twelfth century, these stories have been simplified to be enjoyed by young kids and adults of all ages while wholly embodying the traditional concepts. Beautiful hand-drawn illustrations engage the imaginations of children and allow them to better visualize the stories and apply the concepts to their life. Help them apply these philosophical principles to their lives at a young age and watch them take inspiration from them for decades to come.

Book Information

Paperback: 66 pages

Publisher: CreateSpace Independent Publishing Platform; Ill edition (February 27, 2015)

Language: English

ISBN-10: 150866093X

ISBN-13: 978-1508660934

Product Dimensions: 8.2 x 0.2 x 6 inches

Shipping Weight: 5 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #1,946,456 in Books (See Top 100 in Books) #100 inÂ Books > Children's Books > Religions > Eastern #1297 inÂ Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy #363378 inÂ Books > Religion & Spirituality

Customer Reviews

Wonderful collection of tales espousing enlightenment together with sixteen detailed pen and ink illustrations. Absolutely loved the third tale "The Stone Cutter" with it's circular theme tho I also fancied "Empty Your Cup" for it's short yet potent message. Plenty of more tales to like for the wisdom they impart including "The Returned Gift" and "That May Be" among others so I'm certain you'll find any number of stories to enjoy as I did and reach the end wishing there were more.

I don't think this book is just for kids. I like the simplicity of the illustrations. However, the principles they are trying to portray and elucidate is so profound. A picture is worth a thousand words. Each picture here is worthy of a stand alone booklet of motivation and inspiration. Even though I can flip

the book end to end, all the life exploring lessons have etched into my heart page by page !!!

The Very Delicious Strawberry by Tim Johnson and illustrated by Andrea Brajnovic is a great book for reading Zen koans. Iâ™ve been an avid reader of koans for quite some time now, and these stories are timeless classics adapted to suit children. I bought this book to read with my nephew because I wanted him to learn about koans and make him think about them. He really liked the stories and thought that the illustrations fit well with the stories. Heâ™s still very young, but I think learning about being mindful at an early age is great. He really liked the story about The Returned Gift. Definitely a good book to get if you have children that you want to read koans to or with.

These well presented Zen stories have been really useful in conveying positive values and ideals to my son. I like the way they were made enjoyable and the selection is really good. This is definitely a book that is brilliantly envisioned and made to inspire and uplift. Highly recommended.

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